



**American
Red Cross**

If you lost medications in the disaster:

1. Call the pharmacy/organization where you get your medications filled and tell them you need to replace your destroyed medications.
2. Call the doctor/health provider who prescribed the medications and tell them you need to replace your destroyed medications.
3. Call your insurance company and/or health insurance provider and tell them you need to replace your destroyed medications.
4. The Red Cross nurse will call you to try and assist in replacing your medications, BUT we will be able to help you faster if you have already completed the preceding steps. The nurse will need the phone numbers of your pharmacy and doctor(s).
5. Please be sure to save your receipts for prescription medications that you have replaced. Our nurses may be able to assist you once they contact you.

If you lost medical equipment in the disaster:

1. Call the place from which you obtained the equipment and tell them you need to replace your destroyed equipment.
2. Call the person who prescribed the equipment and tell them you need to replace your destroyed equipment.
3. Call your insurance company and/or health insurance provider and tell them you need to replace your destroyed equipment.
4. The Red Cross nurse will call you to try and assist in replacing your equipment, BUT we will be able to help you faster if you have already completed the preceding steps. The nurse will need the phone numbers of your equipment provider and doctor(s).

My Red Cross Case Number is: _____